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Did you know the average human being is able to recognize approximately 10,000 different odors? That’s a lot of smells! Our sense of smell is much stronger than we give it credit for. We can recall smells with a 65% accuracy rate after a whole year. Visual accuracy decreases 50% after just three months! Fact is…we remember smells. Your task today is to remember at least 15 of them. Write down 15 things that smell great when they are cooking.

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